

ABSTRACT OF THE DISCLOSURE

A hair warming tool of the present invention is in the form of sheet and has at least one heating part in the center thereof and a margin around said heating part. It is designed to wrap tied hair in said heating part and to be held in place to keep the wrapping state by fastening said margin by means of a fastening means such as an elastic band, a string or a wire. A hair treating method of the present invention comprises wrapping tied hair with a hair warming tool of sheet form having at least one heating part while leaving at least the part of the hair near the roots unwrapped to warm the hair.